DEPARTMENT OF TEACHER EDUCATION
ALBANY STATE UNIVERSITY
Albany, GA 31705
120 Semester Hours Required

BS IN HEALTH, PHYSICAL EDUCATION AND RECREATION

NAME: _____ RAM ID# _____

AREA A: Essential Skills (9 hours)		Grd	Hrs
ENGL 1101	English Composition I or		3
HONR 1111	Honors Humanities I (H)		3
ENGL 1102	English Composition II or		3
HONR 112	Honors Humanities II (H)		3
	Select One, As Required		
MATH 1101	Math Modeling		3
MATH 1111	College Algebra		3
MATH 1113	Pre-Calculus		3
	(Required for the following majors		
	Mathematics, Computer Science,		
	Chemistry, Biology)		
MATH 1211	Calculus I		4
	(Required for Pre-Engineering Majors)		
AREA B: Institutional Options (5 hours)			
HIST 1002	Intro to African Diaspora (S)		2
COMM 1100	Fundamentals of Public Speaking		3
AREA C: Humanities/Fine Arts (6 hours)			
ENGL 2111	World Literature I ® or		3
HONR 2111	Honors Humanities III (H)		3
Select One			
ARAP 1100	Art Appreciation		3
ENGL 2112	World Literature II		3
MUSC 1100	Music Appreciation		3
FREN 2002	Intermediate French		3
SPAN 2002	Intermediate Spanish		3
HONR 2112	Honors Humanities IV (H)		3

AREA D: Science, Math & Tech (10-11 hours)		Grd	Hrs
Option I: Non-Science Majors (Select 2)			
BIOL 1111K	Intro to Biological Science I		4
BIOL 1112K	Intro to Biological Science II		4
BIOL 1114K	Survey of Biotechnology		3
BIOL 1115K	Intro to Environmental Biology		3
CHEM 1151K	Survey of Chemistry I		4
CHEM 1152K	Survey of Chemistry II		4
PHYS 1001K	Physical Science I		4
PHYS 1002K	Physical Science II		4
PHYS 1020K	Survey of Modern Sci. & Tech.		3
Select One			
CSCI 1003	Introduction to Technology		2
SSCI 2402	Microcomputers in Soc. Sciences		3
MATH 1201	Survey of Calculus		3
MATH 2411	Basic Statistics		3
CSCI 1101	Introduction to Computers		3
PHYS 2100	Computer Applications		3
MATH 1113	Pre-Calculus		3
Option II - Science Majors (Select 2)			
CHEM 1211K	General Chemistry I		4
CHEM 1212K	General Chemistry II		4
PHYS 1111K	Introductory Physics I		4
PHYS 1112K	Introductory Physics II		4
PHYS 2221K	Principles of Physics I		4
PHYS 2222K	Principles of Physics II		4
Select One			
MATH 1113	Pre-Calculus		3
MATH 1211	Calculus I		4
MATH 2212	Calculus II		4
PHYS 2100	Computer Applications		3

MAJOR EXIT EXAM: _____

(Continued on the Reverse Side)

AREA E: Social Science (12)		Grd	Hrs
POLS 1101	U.S. & Georgia Government ® or		3
HONR 1161	Honors American Government		3
	(Optional for Honors Student Only)		
ELECTIVES	**Select at least one History course and**		
	two other courses		
ECON 2105	Macroeconomics		3
ECON 2106	Microeconomics		3
ECON 2201	Survey of Economics		3
GEOG 1101	Introduction to Human Geography		3
HIST 1111	Survey of World History I		3
HIST 1112	Survey of World History II		3
HIST 2111	Survey of American History I		3
HIST 2112	Survey of American History II		3
HIST 2113	Minorities in America		3
HONR 1151	Honors World History I		3
HONR 1152	Honors World History II		3
PHIL 2101	Introduction to Philosophy		3
POLS 2101	Introduction to Political Science		3
POLS 2102	Introduction to Law		3
PSYC 1101	General Psychology		3
SOCI 2011	Principles of Sociology		3
SOCI 2031	Introduction to Anthropology		3
ABOVE THE CORE:			
ASU 1200 (I)	Freshman Seminar and Service to		3
	Leadership		
PE Activity Skill Courses (choose 7)			
PEDH 1001	Team Sports		1
PEDH 1002	Fitness		1
PEDH 1003	Recreational Skills I		1
PEDH 1004	Recreational Skills II		1
PEDH 1005	Lifetime Skills I		1
PEDH 1006	Lifetime Skills II		1
PEDH 1008	Progressive Resistance		1
PEDH 1010	Yoga		1
PEDH 1020	Intermediate Swimming		1
PEDH 2010	Intermediate Yoga		1
PEDH 2221	Intermediate Tennis		1
I = Institutional Credit			
H = Honors Students Only			
S = FIAR or HIST 1002			
® R = Required			
CPC Requirements			
Satisfied: _____Yes _____ No			

AREA F: Prog. of Study Related Courses (18 hrs)				Grd	Hrs
EDUC 2110	Investigting C&C Issues in Educ				3
EDUC 2120	Exploring Socio Cult/Perspec Div				3
EDUC 2130	Exploring Teaching/Learning				3
PEDH 1007	Aquatics ®				1
BIOL 2411K	Human Anatomy & Physiology I				4
BIOL 2412K	Human Anatomy & Physiology II				4
AREA G: PHYSICAL EDUCATION (25 hrs)					
PEDH 1000-2000 (Skill Courses)					7
PEDH 2213	Introduction to HPER				3
PEDH 3384	Adapted PE & Diverse/Classroom				3
PEDH 3394	Psychology of Coaching				3
PEDH 4460	Kinesiology				3
PEDH 4470	Physiology of Exercises				3
PEDH 4482	Tests & Measurements/Software				3
AREA H: HEALTH (11 hrs)					
HEDP 1001	Introduction to Wellness ®				1
EDUC 3350	Public School Health Education				3
HEDP 2250	Drug Education		1		2
HEDP 2267	First Aid and Safety				2
HEDP 3660	Current Issues in Health				3
AREA I: Recreation					
RECD 2075	Outdoor Recreation				3
RECD 3045	Rec. Fac. & Equip. and Design				3
RECD 4002	Recreation for Special Population				3
RECD 4090	Admin. & Supervision of REC				3
RECD 4095	Recreation Practicum				3
HPER ELECTIVES (5 hrs)					
PEDH 2214	Games of Low Organization				2
PEDH 2272	Fund Coaching Football/Soccer				2
PEDH 2276	Fund Coaching Bsktball/Volball				3
Reviewed by Advisor: _____					
Student: _____					
GPA of 2.0 required for graduation					