

POLS 2201	American State and Local Government	3
POLS 2401	Introduction to Global Issues	3
PSYC 1101	General Psychology	3
PSYC 2103	Human Growth and Development	3
PSYC 2225	Introduction to Abnormal Psychology	3
PUAD 2601	Introduction to Public Administration	3
SOCI 1101	Principles of Sociology	3
SOCI 1160	Introduction to Social Problems	<u>3</u>

TOTAL **12**

* These classes meet the global perspectives overlay.

** These classes meet the US perspectives overlay

CORE CURRICULUM

Course Number	Title	Semester Hours
Area F Options		
Major Requirements - 18 hours		
(See appropriate program requirements.)		

CORE CURRICULUM

Course Number	Title	Semester Hours
Area G		
Courses required for the degree above the 60 hours.		

DART 1000	First Year Experience	2
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Health and Physical Education 4 – 6 hours

Effective Fall 2013, any new student will be required to take three health/physical education courses to meet the graduation requirement for AA/AS programs. One of the three course must meet the fitness competency requirements as listed in the college catalog.

To satisfy the **fitness competency requirement** for graduation, choose one of the following:

PHED 1182	Personal Conditioning	2
PHED 1105	Strength Training	2
PHED 1161 or 1162	Fitness I or II	2
PHED 1106	Walk, Jog, or Run for Fitness	2
PHED 1115 or 1116	Step Aerobics I or II	2
PHED 1110	Deep Water Exercise	2
PHED 1123	Aerobic Pump	2
PHED 1139	Fitness Swimming	2
PHED 1198	Aerobic Dancing	2
PHED 1220	Aquatic Circuit Training	2
PHED 1225	Aqua-jogging	2
HLTH 1163H	Personal Health Honors	2

Any PHED or HLTH course with a 1000 number satisfies the additional PE requirements.

DANC 1600, DANC 1740, DANC 1750, DANC 1840, DANC 1850, may also be used as PE courses.

A student may substitute music performance classes (MUSC 1070 College Orchestra, MUSC 1080 College Band, or MUSC 1090 College Choir) for up to two (2) of the physical education requirements.