

- HUST 1100 Introduction to Human Services** (3-0-3)
 This course is designed to provide the student with an awareness of the conditions in modern society that impact the health of individuals, families, & communities. It provides an introduction to the field of human services. Topics include the history and philosophical foundations of human services & the identification of populations served by human service workers. The principles of human services, essential skills, & roles required to develop an appreciation of what it means to be a human services worker are emphasized. Students will also explore current trends and changes in the human services and health care delivery system; the emerging data base on the mind-body relationship in health and illness. Attention is specifically given to managed care and its impact on health care delivery, the biopsychosocial model of assessment and diagnosis, and the interpretation of journal articles from professional health-related publications.
 Prerequisite: None.
 Offered: Fall and on demand.
- HUST 1105 Therapeutic Communications for Healthcare Professionals** (3-1-3)
 An introductory course covering the communication skills essential to a helping relationship using a patient/client centered model. Skills emphasized are interviewing, listening, attending to patient/client verbal & non-verbal cues, problem-definition, negotiation, confrontation, & written documentation. Application of communication theory & utilization of communication skills to elicit a psychosocial history, identify patient/client assets & limitations, & to arrive at a mutually acceptable definition of the "problem" with a range of human services clientele are emphasized. The central focus of this course is on how a repertoire of communication skills relate to critical thinking & problem-solving skills.
 Prerequisites: PSYC 1101, HUST 1100 or permission of instructor.
 Offered: Spring.
- HUST 1110 Families and Other Systems** (3-1-3)
 This didactic & experiential course provides an introduction to family systems theory and its implication in family assessment, family therapy, & agency/institution analysis. Topics include an historical perspective on the evolution of family therapy, basic system theory concepts as applied to families & other systems, the family life cycle, & an overview of the major models of family therapy. The student will learn basic family assessment methods & interventions to enable the development of initial treatment plans & facilitate the referral of families to the appropriate community resources.
 Prerequisites: HUST 1100, PSYC 1101 or permission of the instructor.
 Offered: Spring.
- HUST 1115 Crisis Intervention** (2-0-2)
 In this course emphasis is placed on both theoretical & practical understanding of human crises. The term "crisis" is defined, levels of severity of crises are differentiated, basic crisis counseling to evaluate crises are introduced, intervention techniques are explored, & crisis resolution is examined.
 Prerequisite: Admission to HST program or permission of the instructor.
 Offered: Fall.