## HEALTH AND PHYSICAL EDUCATION EXERCISE SCIENCE OPTION (3018) Physical Education & Athletics Division RECOMMENDED COURSES FOR TRANSFER ASSOCIATE OF SCIENCE DEGREE PROGRAMS

| Area C  Humanities And The Fine Arts - 6 Hours  Literature Course See Core Curriculum, Area C, Literature The following course is recommended, but other Area C courses are allowed. See Core Curriculum, Area C. COMM 1110 Public Speaking*  Area D Science, Mathematics, And Technology - 11 Hours The following courses are recommended, but other Area D courses may be allowed. CHEM 1211K Principles of Chemistry I BIOL 1107K Principles of Biology I MATH 1112 or MATH 2205 Statistics  Area E Social Science - 12 Hours HIST 1111 or HIST 1112 Survey of World History I or HIST 2111 or U.S. History Through 1877 or HIST 2111 or U.S. History Through 1877 or HIST 2111 Or HIST 2 | Area A      |                          |   |            |  |
|--|-------------|--------------------------|---|------------|--|
| ENGL 1102 English Composition II 33 MATH 1111 College Algebra or higher math 3  Area B  Institutional Options - 4 Hours See Core Curriculum, Area B PHED 2210 Sports Injury and Prevention 2  Area C Humanities And The Fine Arts - 6 Hours Literature Course See Core Curriculum, Area C, Literature 3 The following course is recommended, but other Area C courses are allowed. See Core Curriculum, Area C. COMM 1110 Public Speaking* 3  Area D  Science, Mathematics, And Technology - 11 Hours The following courses are recommended, but other Area D courses may be allowed. CHEM 1211K Principles of Chemistry I 4 BIOL 1107K Principles of Biology I 4 MATH 1112 or Trigonometry or MATH 2205 Statistics 3  Area E  Social Science - 12 Hours HIST 1111 or Survey of World History I or HIST 1111 or U.S. History Through 1877 or HIST 2112 U.S. History After 1877 or HIST 2112 General Psychology 3  Area F  Courses Related To The Major - 18 Hours BIOL 2111K Anatomy & Physiology I 4 BIOL 2111K Anatomy & Physiology I 4 BIOL 2111K Anatomy & Physiology I 4 PSYC 2103 Human Growth & Development 3 CISM 2201 Fundamentals of Computer Applications 3 HLTH 1160 AREA F Elective See Advisor. 4 Feb.  | Ess         | ential Skills - 9 Hours  |   |            |  |
| MATH 1111 College Algebra or higher math  Area B Institutional Options - 4 Hours See Core Curriculum, Area B PHED 2210 Sports Injury and Prevention  Area C Humanities And The Fine Arts - 6 Hours Literature Course See Core Curriculum, Area C, Literature The following course is recommended, but other Area C courses are allowed. See Core Curriculum, Area C. COMM 1110 Public Speaking*  Area D  Science, Mathematics, And Technology - 11 Hours The following courses are recommended, but other Area D courses may be allowed. CHEM 1211K Principles of Chemistry I BIOL 1107K Principles of Biology I MATH 1112 or MATH 1112 or MATH 1205 Statistics  Area E  Social Science - 12 Hours HIST 1111 or Survey of World History I or HIST 2112 U.S. History Through 1877 or HIST 2112 U.S. History Through 1879 or HIS |             | ENGL 1101                | English Composition I                       | 3          |  |
| Area B Institutional Options - 4 Hours See Core Curriculum, Area B PHED 2210 Sports Injury and Prevention  Area C Humanities And The Fine Arts - 6 Hours Literature Course See Core Curriculum, Area C, Literature The following course is recommended, but other Area C courses are allowed. See Core Curriculum, Area C, COMM 1110 Public Speaking*  Area D Science, Mathematics, And Technology - 11 Hours The following courses are recommended, but other Area D courses may be allowed. CHEM 1211K Principles of Chemistry I BIOL 1107K Principles of Biology I MATH 1112 or Trigonometry or MATH 2205 Statistics  Area E Social Science - 12 Hours HIST 1111 or Survey of World History I or HIST 11112 Survey of World History II HIST 2111 or U.S. History Through 1877 or HIST 2112 U.S. History After 1877 POLS 1101 American Government in World Perspective The following course is recommended, but other Area E courses are allowed. See Core Curriculum, Area E, Social Science. PSYC 1101 General Psychology  Area F Courses Related To The Major - 18 Hours BIOL 2111K Anatomy & Physiology I BIOL 2111K Anatomy & Physiology I PSYC 2103 Human Growth & Development 3 CISM 2201 Fundamentals of Computer Applications I HITH 1160 Community First Aid and Safety AREA F Elective See Advisor.  Area G Physical Education - (3 courses)***   |             | ENGL 1102                | English Composition II                      |            |  |
| Institutional Options - 4 Hours See Core Curriculum, Area B PHED 2210 Sports Injury and Prevention  Area C Humanities And The Fine Arts - 6 Hours Literature Course See Core Curriculum, Area C, Literature 3 The following course is recommended, but other Area C courses are allowed. See Core Curriculum, Area C. COMM 1110 Public Speaking* 3  Area D Science, Mathematics, And Technology - 11 Hours The following courses are recommended, but other Area D courses may be allowed. CHEM 1211K Principles of Chemistry I 4 BIOL 1107K Principles of Biology I 4 MATH 1112 or Trigonometry or MATH 2205 Statistics 3  Area E Social Science - 12 Hours HIST 1111 or Survey of World History I or HIST 2111 or U.S. History Through 1877 or HIST 2111 Or U.S. History Through 1877 or HIST 2111 Or U.S. History After 1877 POLS 1101 American Government in World Perspective 3 The following course is recommended, but other Area E courses are allowed. See Core Curriculum, Area E, Social Science. PSYC 1101 General Psychology 3  Area F Courses Related To The Major - 18 Hours BIOL 2111K Anatomy & Physiology I 4 BIOL 2112K Anatomy & Physiology I 4 PSYC 2103 Human Growth & Development 3 CISM 2201 Fundamentals of Computer Applications 3 HLTH 1160 Community First Aid and Safety 2 AREA F Elective See Advisor.  Area G Physical Education - (3 courses)**  |             | MATH 1111                | College Algebra or higher math              | 3          |  |
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| Area E  Social Science - 12 Hours  HIST 1111 or Survey of World History I or  HIST 1112 Survey of World History II 3  HIST 2111 or U.S. History Through 1877 or  HIST 2112 U.S. History After 1877 3  POLS 1101 American Government in World Perspective 3  The following course is recommended, but other Area E courses are allowed. See Core Curriculum, Area E, Social Science.  PSYC 1101 General Psychology 3  Area F  Courses Related To The Major - 18 Hours  BIOL 2111K Anatomy & Physiology I 4  BIOL 2112K Anatomy & Physiology II 4  PSYC 2103 Human Growth & Development 3  CISM 2201 Fundamentals of Computer Applications 3  HLTH 1160 Community First Aid and Safety 2  AREA F Elective See Advisor. 5-8   |             |                          |   | •          |  |
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| HLTH 1160 Community First Aid and Safety 2 AREA F Elective See Advisor. 2  Area G Physical Education – (3 courses)**  5-8  |             |                          |   | ა<br>ე     |  |
| AREA F Elective See Advisor. 2  Area G Physical Education – (3 courses)**  5-8   |             |                          |   | ა<br>ე     |  |
| Area G Physical Education – (3 courses)**  5-8   |             |                          |   | 2          |  |
| Physical Education – (3 courses)**   | A ==== C    | AREA F Elective          | SEE AUVISUI.                                | 2          |  |
| •  | · · · · · · |                          |   |            |  |
|  | Ffly        | sicai Euucation – (3 cot | 11 303)                                     | <u>5-6</u> |  |
| Two-Year Total 65-68   |             |                          | Two-Year Total                              | 65-68      |  |

\*Critical Thinking Overlay-All Students must satisfy the critical thinking overlay. This requirement must be fulfilled by satisfactory completion of one of the following courses. This competency is usually satisfied in Area B or C.

- COMM 1000 Cultural Diversity in Communication
- COMM 1100 Human Communications
- COMM 1110 Public Speaking