

- PHED 1247 Triathlon Training** (1-2-1)
 This is an intensive conditioning course using a cross training approach to achieve high level cardiovascular fitness. Biking, running, and swimming will be the focus of activities used to prepare class participants for a triathlon event. The course will incorporate a variety of training techniques which will provide a safe, smooth, and gradual development of individual fitness.
 Corequisite: None.
 Offered: On demand.
 Prerequisite: None.
- PHED 2201 Introduction to Physical Education, Fitness and Sport** (1-0-1)
 Introduction and orientation to the history, philosophy, aims, and career opportunities in physical education, fitness and sports.
 This class is restricted to students studying in a PE area of study.
 Corequisite: READ 0099 or ENGL 0989.
 Offered: Spring.
- PHED 2210 Sport Injury Prevention & Care** (2-0-2)
 A study of the identification, prevention, treatment and care for common sports injuries. (Meets only Area B requirements, will not count as an Area G requirement.)
 Prerequisite: None.
 Offered: All semesters.
- PHED 2226 Athletic Training Practicum** (2-4-4)
 Designed to provide as a student athletic trainer the knowledge, understanding and experience in the areas of injury management, prevention, treatment, rehabilitation and trainig room protocol. Will not count as an Area G requirement.
 Corequisite: None.
 Prerequisite: None.
 Offered: Fall, Spring.
- PHED 2291 Military Credit for Physical Education** (0-0-4)
 This course provides Physical Education activity credit for the military student who has completed 12 months or more of active duty service.
 Corequisite: None.
 Prerequisite: Military service.
 Offered: For review of previous credits/transcripts by DSC Admissions and Registrar Offices only.
- PHIL 1010 Critical Thinking** (2-0-2)
 This course is designed to introduce students to the thinking processes used in analyzing, evaluating and creating information. The purpose of the course is to promote intellectual inquiry and exchange through the application of critical thinking in personal, professional and sociopolitical contexts.
 Corequisite: None.
 Prerequisite: READ 0099, ENGL 0989 or satisfactory English scores to place into co-requisite remediation or higher.
 Offered: On demand.