HUST 1110 Families and Other Systems

(3-1-3)

This didactic & experiential course provides an introduction to family systems theory and its implication in family assessment, family therapy, & agency/ institution analysis. Topics include an historical perspective on the evolution of family therapy, basic system theory concepts as applied to families & other systems, the family life cycle, & an overview of the major models of family therapy. The student will learn basic family assessment methods & interventions to enable the development of initial treatment plans & facilitate the referral of families to the appropriate community resources.

Prerequisites: ENGL 1101, ENGL 1102, PSYC 1101 or permission of the instructor. Offered: Spring.

HUST 2000 Group Theory and Process

(3-1-3)

This course is designed as an introduction to the theory and process of group interaction. It will combine didactic & experiential activities that will enable the student to become familiar with different types of groups, to recognize the dynamics of group functioning, to understand the rationale for group work, to recognize the skills required to become an effective group facilitator, & to have direct experience in planning, participating in, & leading a group session. Prerequisites: ENGL 1101, ENGL 1102, PSYC 1101 or permission of the instructor.

Offered: Spring, Summer.

HUST 2050 Counseling Theories & Methods

(3-0-3)

This course provides an introduction to the major theories of counseling. For each identified theory, basic concepts, definitions of health and normalcy, and strategies and interventions will be examined. The student will apply these theories to real case examples and will develop his/her own theory of counseling.

Prerequisites: ENGL 1101, ENGL 1102, PSYC 1101 or permission of the instructor. Offered: Fall.

HUST 2650 Applied Community Health

(3-0-3)

This course will focus on the application of previous coursework to a variety of healthcare settings. The student is introduced to the field of community health and to the provision of services to people with a wide range of health problems, including a specific emphasis on patient/client populations with disabilities. Topics covered include basic concepts of health/mental health; major types of disabilities; practical usage of the DSM-IV; dual diagnosis and treatment issues; personality disorders and addicted patients/clients; and commonly used interventions to prevent, promote and/or restore the health/mental health of individuals, families and groups. Course material will be directly linked to field placement experiences.

Prerequisites: ENGL 1101, ENGL 1102, PSYC 1101 or permission of instructor.

Corequisite: None. Offered: Fall, Summer.

HUST 2700 Understanding and Treating Addictions

(3-0-3)

This course is designed to provide basic knowledge in the field of addictions. Emphasis is in three major areas: the biopsychosocial factors of alcoholism, drug addiction, & other types of addiction; the pharmacology of psychoactive substances; & the eight components of the skill groups in addiction counseling. Course material in all three areas will be directly linked to the field placement experiences for those students working in addiction/substance abuse treatment settings.

Prerequisites: ENGL 1101, ENGL 1102, PSYC 1101 or permission of instructor.

Corequisite: None. Offered: All Semesters.