### PHED 1192 Varsity Athletics

(0-4-2)

Full-time students who are participating in the Darton State College intercollegiate program may register for this course and receive two hours of physical education credit. This can only be taken one time.

Prerequisite: None. Offered: On demand.

#### PHED 1193 Social Dance

(0-2-1)

The student will be introduced to various social dance steps and will learn to use and sequence these basic steps in various dance situations.

Prerequisite: None. Offered: On demand.

### PHED 1194 Latin Dancing I

(0-2-1)

Introduction to the basic steps and figures of Latin dance styles. Cover dances such as Cha Cha, Samba, Merengue and others.

Prerequisite: None. Offered: On demand.

# PHED 1195 Latin Dancing II

(0-2-1)

Continuation of the basic steps and figures of Latin dance styles. Cover dances such as Cha Cha, Samba, Merengue and others.

Prerequisite: Latin Dancing I Offered: On demand.

# PHED 1196 Social Dance II

(0-2-1)

A continuation of the various social dance steps and the basic/intermediate steps in various dance situations.

Prerequisite: Social Dance I. Offered: On demand.

### PHED 1197 Ballet I

(0-2-1)

This course is designed to strengthen technical skill at the beginning level. It explores ballet as an art form and as a means of expression through both the development of movement skills and creative work.

Prerequisite: None. Offered: On demand.

## PHED 1198 Aerobic Dancing

(1-2-2)

This course is a unique low impact fitness class that blends movements from various forms of dance. Geared towards individuals desiring fitness activities through movement and dance.

Prerequisite: None. Offered: On demand.

### PHED 1199 Snow Skiing II

(0-2-1)

Continuation of the basic techniques of snow skiing. On slope skiing at a designated offcampus site is required for successful completion of the course.

Prerequisite: PHED 1143 or permission of the instructor.

Offered: Fall.