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The Four Types of Parenting Styles

There are different parenting styles that can be a positive or negative outcome in a child’s life and future. Researchers has recognized the impact on a child’s emotional, social, and cognitive development which affects a child’s early years and adult life due to a way parents raise their children. There are four identified parenting styles; authoritarian, authoritative, permissive, and the uninvolved parent. It is very important to make sure which style is enforced and what parenting skills will be more beneficial, safe, and successful for the development of the child.

The first parenting style is the authoritarian parent. This type is better known as the strict parent. The authoritarian parents set rules for the kids and by all means necessary, that child or children must obey. The most famous line from the authoritarian parent is, “Because I said so,” when a child is uncertain about a rule (Morin). An authoritarian parent is most likely to enforce punishments rather than discipline a child after a broken rule. A child’s opinion is not important and the parent is in complete control on their decision making. This parenting style is considered to be more controlling, less nurturing, and lacks the warmth of affectionate love that a child needs. According to the *Four Types of Parenting Styles and Their Effects on Kids,* children who are raised by strict parents will follow rules, but also will develop self-esteem issues. Researchers has also included that children who experienced living with controlling parents will or has turned out to be the aggressive and bitter one.

The authoritative parenting style is the second identified way children are raised by their parents. This type of parenting style is not as controlling as the authoritarian parenting style. However, it is known to be the best, beneficial, and successful way to raise children. An authoritative parent is more sincere, more reasoning, set standards, and most of all more nurturing. Unlike authoritarian parent, authoritative parents give their children a chance and go over consequences instead of punishing the child without an explanation. If a child breaks the rule, the child will be given a reasonable punishment and treated in a justly manner (Morin). According to the “Very Well: *What is Authoritative Parenting?”* article, there are several effects that are proven that this style of parenting is a better choice. According to Baumrind, children of authoritative parents: tend to have happier dispositions; are able to control and maintain their emotions; develop good social skills; and are self-confident about their abilities to learn (Morin).

The next type of parenting style is called the uninvolved or neglectful parenting. We’ve all come across children who’ve been neglected and also have heard of heartbreaking stories from the acts of parents. This type of parenting is the most harmful and insidious style. Parents are known to show less or no concern of their child’s well-being. Children aren’t cared for properly and they lack the love and affection they need from their parents. An uninvolved or neglectful parent are busy with their own lives and have no interest in sparing time for their children. Children raised by uninvolved parents will most likely seek attention from others or withdraw from others. They may feel lonely, rejected, have low self-esteem, encounter substance abuse, and may experience psychological disorders (Morin). Therefore, being uninvolved in children lives can be detrimental. However, showing love and support will show a greater outcome for the child emotionally.

Permissive parenting is the fourth basic parenting style. Permissive parents do not enforce rules nor present themselves as the authority figure. Permissive parents are also known as “indulgent” parents—rejects discipline and reframe from keeping the kids under control (Dewar). Children are treated more as a friend than a child. Although boundaries are set, permissive parents give in and let their child or children have their way. Weary of confrontation, these parents would rather have their child figure out the consequences of an issue or behavioral problem. Studies have found that permissive parenting is linked to some negative behaviors in children and a disconnected relationship between parent and child. On the other hand, there are some pros in permissive parenting, such as less conflict and creativity is encouraged. They will allow their children to have whatever they want so there will be peace between them. As for encouraging creativity, the parents insist on free thinking without hindering limitations.

In conclusion, each parenting style has influences on a child’s behavior. The types listed are either helpful or harmful for a child. Many people in this world have their own view and style on raising and shaping children. The best way to shape a child is by learning what style is effective for your household. Most of all, parenting is a daily learning experience. Every routine and discipline will not work all the time. Even parents are tested through these styles which end up failing or will make mistakes. Therefore, the four identified parenting styles; authoritarian, authoritative, permissive, and the uninvolved parent will play a significant role in children lives—either good or bad. It’s the parents’ duty to choose a style and skill that is best for the child. We must remember that it’s important to choose a style that will show love, support, fair discipline and affection for the child’s wellbeing.

<https://www.verywell.com/types-of-parenting-styles-1095045>. Amy Morin. 4 Types of Parenting Styles and Their Effects on Kids What's Your Parenting Style? <https://www.verywell.com/what-is-authoritative-parenting-2794956>

<http://www.parentingscience.com/permissive-parenting.html>