Nastassia Williams

Dr. Anita Underwood

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Hunger Has No Face

My roots originate in the south Natchez Mississippi to be exact. My grandmother cooked a range of meats from fried catfish, fried chicken, and pork belly. Occasionally, she would make possum or deer soup. So, eating animals was and still is a big part of my culture. Humans have been killing animals for consumption since the prehistoric times such as pigs, chicken, and cattle. Does that make humans bad people? No, it does not, or does it? Does eating animals make us morally unjust? No, it does not, or does it? That seems to be the topic of discussion between herbivores and carnivores. I do not believe herbivores are “morally superior” as Steiner so cleverly put it in his essay “Animal, Vegetable, Miserable.” I also do not believe carnivores are morally superior either (Steiner 314). But, there are reasons some detest the idea of eating animals such as the animals are unhealthy because of all the antibiotics that are given to them or humans do not need to eat meat to survive. I personally am neutral on the matter and believe to each his own.

Frequently, you will hear the chitter chatter from people mainly vegans or vegetarians about how unhealthy it is to eat meat or how morally incorrect it is. Typically, eating meat is not harmful to humans if eating meat is done in moderation. But, again everyone has their own personal views on the matter. I cannot argue with the fact that meat can be unhealthy due to the fact of all the antibiotics the animal ingests before making it to the supermarket. Admittedly, making humans unhealthy overall.

Another reason people disagree with eating animals is because eating animals is not necessary. Meat is one out of six major food groups that provide the body with vitamins, minerals, and nutrients. Not to mention, meat is also a great source of protein. But, some still say it just is not necessary to kill animals for self-desire and not for survival.

Like Natalie Angier states in her essay “Sorry, Vegans: Brussel Sprouts Like to Live, Too” Plants are too busy fighting to survive themselves (Angier 319). So, it is not about eating one or the other it is about finding the correct balance to remain healthy. It would be beneficial for people to try alternative solutions such as planning meatless meals a few nights a week that include green vegetables and beans. Trying different alternatives to meat can possibly lead to a new healthier lifestyle.

Ultimately, society has a way of making people think one way is better than another such as becoming a vegan or vegetarian is the best way to go for a better healthier life. My position on whether to eat animals is neutral. I feel both authors made valid points but had different views on where they stood about eating animals. But, I stand by my decision in believing everyone has a right to their own opinions and have the right to do what is best for them.

Works Cited

Gary Steiner. “Animal,Vegetable,Miserable.” *The College Writer: A Guide to Thinking,Writing,* *and Researching*. 5th., edited by VanderMey|Meyer|Van Rys|Sebranek., Cengage,2015, pp. 314-316.

Natalie Angier. “Sorry, Vegans:Brussel Sprouts Like to Live, Too.” *The College Writer: A Guide to Thinking,Writing,* *and Researching*. 5th., edited by VanderMey|Meyer|Van Rys|Sebranek., Cengage,2015, pp. 317-319.