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Diagnostic Essay

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**What are positive aspects of growing old?**

Over the years I have watched my mother grow into a more confident complete woman. I have noted the changes in her personality from being shy to confident. From living in fear to being bold, outgoing, and growing stronger in the Lord. For me the positive aspects for growing older would be self-confidence, spiritual awareness, and love for life and if its not broken then do not try to fix it.

Starting from today, I know to start saving for retirement, for example: Invest in 401k, IRA Roth, CD, and saving bonds may help me to have a little more freedom when I am older. I know we all make plans for raining days so what I have chosen to financially is to invest 15% of my income over the next 30 years. It may not actually happen accordingly to plan but its better than not having a plan at all. Knowing that social security may not be an option for me when I am older. So, I must make plans for living older.

Due to my financially stability my retirement will be a breeze. I can travel the world or look for a great retirement location. Retirement communities are sprouting up across the country. States are competing for the title best place to retire easy living, convenient healthcare. Retirement is something to look forward to growing older.

Confidence is mostly one of the importance aspects for growing older. It takes center stage in a person’s day to day operations of everyday living. When starting young you not sure of yourself. Middle age, you are somewhat confident but not completely. When you are older, you have fewer doubts. You also trust your instincts more than listening to older people.

Growing older you learn from the starting point that the rights and the wrongs, the good and the bad comes with everyday living. Through all this there is an in-between. When we are young we make plans for our future and we plan to reap the seeds that we sowed.