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What Does the Music You Listen to Say about you? Explain.

According to Merriam Webster’s Dictionary, the term music is defined as “the science or art of ordering tones or sounds in succession, in combination, and in temporal relationships to produce a composition having unity and continuity “. A person cannot define music, music defines a person. Music helps artist express themselves and listeners understand. A person’s choice of music can very well define their demeanor, but not their overall character. What does the music I choose to listen to say about me? The music I choose to listen to says I am versatile, selective and comfortable in my skin.

If an individual was to peek at my Apple Music playlist they would find several genres that range from Southern Soul to Gothic Rock, from Praise & Worship to Old School Rap, the list could go on. This could either display my flexibility or show how insane I am, without me having to say a word. Making a personal reflection, I am a unique individual along the dimensions of ideology and physical abilities. I have been told by family and friends that I am an opened- minded person, not only because of my lifestyle choice, but also because of my choice of music. My choice of music reflects through my style, views and those I choose to hang around.

Although I am an accepting person, I am selective of friends. It is not too often that I come across a person who listens to the exact same music as me, however when I do I keep that person around. There is an old saying that “Birds of a feather flock together”, meaning those of the same interest or with the same tastes will be found together, most of the time selectively. My music choice is always expressed, when appropriate, and always receives a response. When a person can respond to my music, or relate, that says enough to me about their character.

Being comfortable in my own skin is something I used to struggle with through my adolescent years. During this time I always found myself listening to several artist such as: P!nk, Maroon 5, Kelly Clarkson and Demi Lovato. These artists seemed to speak to me within that moment, where I felt alone, depressed and guilty. Music was what I choose, as a reminder that I am beautiful in my own skin. Without music helping to guide me along that dark path, there is no way of knowing where my morals would be today.

For some people the most important part of the song is the lyrics, for others it is the music. Music means something different to everyone, but we can all can agree that the songs we choose to listen to resonates with us the most. Ultimately, music reflects who you are, or even where you’ve been.