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A College Students’ Curse: Procrastination

For many of our students, procrastination is a monster hiding in the closet. In any event, once a semester one of us will get a very late email from an understudy with an inquiry. The inquiry consists of the understudy attempting the work before the due date but never gets around to completing it. On the other hand, we will get inquiries from understudies an hour before class asserting the the connection that we sent for the day’s pursuing did not work. These are indications of students experiencing procrastination disorder.

Taking note of the level of tension and supercharged feeling that students express when they confess about a mishap gauging their time or lack of common sense, we understand that working through a propensity for delaying is excessively imperative. This is a personal satisfaction is an issue because the student waits until the last minute before completing the work. Completing the work ahead of time is the simplest way for a student to conduct himself or herself. Debating on when to do the work or how you are going to do it is easier to say than to actually do it. When it comes to college students, most are focused, but others like to focus on what comes with freedom at college. Distractions are the true culprit at the end of the day.

Summarizing, stalling truly includes the uncertain ties to Murphy’s Law that whatever can turn out badly will turn out badly. It is simple cause and effect also. If a student chooses to complete the work, study and stay organized, school will be simple and smooth. If a student decides to “blow off” work, cheat, and do major assignments last minute, it will lead to a tragic experience. Procrastinating is something that everyone does at one point or another in his or her lives. In fact, 20 percent of people identify themselves as chronic procrastinators.

There are four main reasons that contribute to students putting of work. Fear of failure occurs when some people do not seek a test because they feel, as they are not prepared to succeed. This is as simple issue that can be resolved by pushing the student over the hump to except all challenges, knowing that failure is possible. Fear of success is when a student has had a great history of achievements and could not let go past achievements. They believe that they have maxed out their potential and believe that they cannot accomplish any more goals. In order to get the student over the hump within this issue they have to understand that they will have more failures then success in life. Rebellion occurs when a student is against the work completely because of the pressure put on him or her from their supporters. Rebellion is a common issue because there is always a race to succeed and obsession leads to unintended pressure caused by love ones. The final reason is a lack of motivation. Lack of motivation occurs when the student is fully capable of success but has no one to push him or her forward. To solve this issue the student must find a reason to keep going and to be successful in life.

In society, there will be a student that constantly procrastinates. As thrilling as Procrastination may be to some people it can lead to multiple issues that can cause a domino effect. It adds stress, issues with relationships, time management, and even health. The easiest way to avoid this issue is to get the work done as it comes and to stay organized. In essence a typical college student is a procrastinator.