Chastity Duque

Deborah Handelman

English 1102

16 February 2018

Different Styles of Parenting

Originally parenting styles were founded by Diana Baumrind. (Esplin) Baumrind is a developmental psychologist who studied parenting by observation and the effects it had on children. Her studies were performed in the years of 1966, 1967 and 1971, even years later it holds truth. (Esplin) Most of her studies were observing preschoolers. After her study she developed three parenting styles, authoritative, authoritarian, and permissive. (Esplin.) Macoby and Martin (1983) later did their own study and expanded Baumrind’s model. They added neglectful as a style of parenting to the categories. (Parenting for Brain)

Today in psychology, there are four different parenting styles, which include authoritarian, permissive, neglectful, and authoritative. These categories classify parents according to the way they discipline, interact, and care for his or her children.

An Authoritarian style of parenting is classified as a parent who is very controlling and strict with their children. Their expectations for them are very high and are almost impossible to achieve. Communication is usually only one sided, the parent doesn’t allow the child to express their concerns or feelings, they only require them to listen. According to an online article titled *“4* *Types of Parenting Styles and Their Effects on Kids.” “What’s your parenting style?”* Author Amy Morin states that these parents believe children are only to be seen and not heard. These parents are not very nurturing or loving towards their children. Authoritarian parents are controlling, in every aspect of their child’s lives. Their children usually show low performance in school and poor academic skills. Studies have also shown that these children will have poor social skills as well as problems with drug and alcohol abuse when they are older.

A permissive style of parenting, is categorized as a parent who is not strict at all. These parents have very few rules, if any. When they do set rules, they are not consistent with them. They are warm nurturing parents. They have low expectations for their children. They set the bar low so that their children will not fail. Permissive parents do not want to do anything to make their child angry with them so therefore they are very lenient with them. They try to be friends with their children rather than be a parent to them. The children of permissive parenting tend to have poor social skills. They also seem to have more problems with impulsive behaviors. and have trouble in relationships, especially romantic ones.

Another parenting style a parent could be classified in is neglectful. These children usually can do whatever they want, whenever they want to. Neglectful parents are usually not involved at all with their children and are not very nurturing to their needs. These parents are usually self-centered and have very minimal communication with their children. Although they may spend a great deal of time with their child, they aren’t really paying attention to them. These parents often need outside assistance to help educate them on how to successfully be a parent. This parenting style is very damaging to children, especially emotionally. These children usually end up with drug abuse and alcohol addiction.

The last parenting style is authoritative. This style of parenting is believed to be the most effective for children. These parents set clear and reasonable rules, explain them, and stick with them. These parents use the praise and reward system. They are very loving and nurturing with their children. They are very involved with their child’s lives. Authoritative parents have high expectations for their children, but they are reasonable goals set by the parent and the child. The children can express themselves which will teach them how to be successful adults. Authoritative parents usually have structured schedules and strict routines such as bedtimes. The children have consistent consequences for breaking rules.

Parenting is a big responsibility. Children rely on their parents to help them learn and thrive in life. The way a parent raises her child will determine the success of the child in the future. One of the toughest jobs that comes along with parenting is discipline. All parents have different ways they handle his or her children. Some ways are more effective than others.

Although all parents fall in one category or another, not all parenting styles work with children who tend to have behavior problems. These situations require outside assistance such as psychologist to provide support for both the parent and the child. All parents should analyze their parenting styles and determine what will be the most efficient for them. Most importantly the parent should determine what is best for the child to lead a happy, successful life. It appears a happy medium is required in child rearing. Parents should not be to strict but not be a pushover either.

Works Cited

Amy Morin, LCSW | Reviewed by Steven Gans, MD. "4 Types of Parenting Styles and Their Effects on Kids." Verywell Family. Accessed February 26, 2018. <https://www.verywellfamily.com/types-of-parenting-styles-1095045>.

“Types of Parenting Styles and How to Identify Yours.” *Developmental Psychology at Vanderbilt*, <https://my.vanderbilt.edu/developmentalpsychologyblog/2013/12/types-of-parenting-styles-and-how-to-identify-yours/>

“4 Parenting Styles – Characteristics and Effects [Infographic].” *Parenting for Brain*, 28 Jan. 2018, P[www.parentingforbrain.com/4-baumrind-parenting-styles/](http://www.parentingforbrain.com/4-baumrind-parenting-styles/).

Esplin, Kathryn. “The Baumrind Theory of Parenting Styles.” *LIVESTRONG.COM*, Leaf Group, 13 June 2017, [www.livestrong.com/article/1001090-baumrind-theory-parenting-styles/](http://www.livestrong.com/article/1001090-baumrind-theory-parenting-styles/).