# 2017 SUMMER SPORTS AND ENRICHMENT PROGRAM ASU NYSP

# Albany State University and the City of Albany, Georgia

**Date:** May 30, 2017 – June 30, 2017

**Time:** 7:30 a.m. – 3:00 p.m. Monday - Friday

**Location:** Albany State University-Radium Springs Drive

Since 1968, the National Youth Sports Program (NYSP) has combined sports instruction with exciting educational programs for youths ages 9-15. Enrollment is open to all children in Dougherty County and surrounding communities.

The goal of the program is to engage students in activities that promote physical fitness, character development, civic responsibility and college readiness. Professionals will lead sessions on such topics as prevention of alcohol and drug abuse, nutrition and health, academic excellence, college and career visioning, and reading/writing instruction.

NYSP participants also receive a NYSP T-shirt, a daily USDA-approved meal, a free medical exam, and interaction with college students and professional staff. Youth will practice standard sports and learn new ones! Activities may include swimming, basketball, softball, tennis, volleyball, and dance/aerobics. Top quality sports equipment is provided by the program.



**PROGRAM ELIGIBILITY:**

\*Ages: 9-15

\*COMPLETED APPLICATION

\*COMPLETED PHYSICAL EXAMINATION (Participation must be approved by a physician)

***Free exam provided May 13, 2017 @ 8am to 12 noon at the East Albany Medical Center***

**For more information, please contact Coach Robert Skinner @ 229/430-3817 and 229/430-4754**