TIPS (Training for Intervention Procedures) for the University

**Program Duration:** 2.5 hours

**Target Audience:** Public or private colleges and universities, fraternities, sororities, athletic teams, student health departments, student activities groups, Greek life offices, student judicial committees, student governments and others can all benefit from the information and techniques presented in TIPS for the University.

**The Challenges:** Whether or not students choose to drink, TIPS for the University recognizes that at some point in their college careers, they will face situations where alcohol is being consumed. They may face scenarios involving alcohol abuse, underage drinking or drunk driving, and incidents that can lead to property damage, alcohol liability, and human tragedy. Young people need strategies for creating safe, responsible and socially enjoyable campus environments.

**The Solution:** Students are in the best position to address drinking behaviors among their peers. They are close to the situation and understand the culture on their campuses. TIPS develops students' social skills and gives specific information for detecting when friends have had too much to drink or are getting into trouble with alcohol. Students learn specific strategies and skills for intervening in alcohol-related situations that may develop on campus. Unique in its approach, TIPS brings together administrators, faculty and students to create responsible campus atmospheres.

**Additional Benefits:** TIPS for the University builds on students' concerns for the safety of their peers. Students learn decision-making skills that help guide their behavior and are more likely to consider the consequences of their actions. In addition, students gain more confidence to intervene in difficult alcohol-related situations to prevent alcohol-related incidents on campus such as property damage, injury, and drunk driving. Finally, TIPS for the University provides liability protection for both the university and its student organizations.