

The University System of Georgia will be taking part in the **6-week long** competition! This is an exciting new way to compete internally through teams and externally as a whole against other colleges and universities across Georgia. The program will be designed to allow you to track the following three activities: **steps walked, water consumption, and kindness**. Albany State University is hosting Spring 2017 HealthTrails​ Kickoff Event the week of February 27th - March 3rd.  HealthTrails Kickoff Event is a day to get active and kick off healthy lifestyles on the campus. Please come out to learn more about the Spring 2017 HealthTrails System Wide Challenge.

**When: March 1, 2017 (East Campus)**

**March 2, 2017 (West Campus)**

**Time: 12pm – 1pm**

**Location: Pedestrian Walk Mall (East Campus)**

**Intramural Field (West Campus)**

Learn more at

<http://www.usg.edu/well-being/site/article/spring_2017_system_wide_healthtrails_challenge>

To register for HealthTrails, visit:

[https://usgwellbeing.healthtrails.com](https://usgwellbeing.healthtrails.com/)

 